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| **Igama lefayile** | **Iskripthi** |
| **Iphepha 1** | |
| N\_HI.mp3 | Molo! Siza kukubuza imibuzo malunga nombefu wakho kunye nokuba ukwenze waziva njani phezolo. |
| **Iphepha 2** | |
| N\_intro.mp3 | Nceda ukhethe impendulo eyeyona ingcono kumbuzo ngamnye. Yenza okusemandleni akho ukuphendula ngokwakho. Ukuba udinga uncedo lokuqonda umbuzo, ungabuza umntu omdala. |
| **Iphepha 3 & 4** | |
| N\_Q\_01\_cough.mp3 | *(\*iziphumo zesandi zokukhohlela\*)* Bekunjani ukukhohlela kwakho phezolo? |
| N\_A\_I\_Did\_Not\_Cough.mp3 | Khange ndikhohlele |
| N\_A\_A\_Little\_Bad\_Cough.mp3 | Bekuubi kancinci |
| N\_A\_Bad\_Cough.mp3 | Bekukubi |
| N\_A\_Very\_Bad\_Cough.mp3 | Bekukubi kakhulu |
| **Iphepha 5 & 6** | |
| N\_Q\_02\_wheeze .mp3 | *(\* iziphumo zesandi zokutswini\*)* Bekunjani ukutswina kwakho phezolo? |
| N\_A\_I\_Did\_Not\_Wheeze.mp3 | Khange nditswine |
| N\_A\_A\_Little\_Bad\_Wheeze.mp3 | Bekuubi kancinci |
| N\_A\_Bad\_Wheeze.mp3 | Bekukubi |
| N\_A\_Very\_Bad\_Wheeze.mp3 | Bekukubi kakhulu |
| **Iphepha 7 & 8** | |
| N\_Q\_03\_breathing.mp3 | *(\* iziphumo zesandi zokupeyinta\*)* Bekunjani ukuphefumla kwakho phezolo? |
| N\_A\_Easy.mp3 | Bekulula |
| N\_A\_A\_Little\_Hard.mp3 | Beklunzima kancinci nzima |
| N\_A\_Hard.mp3 | Bekunzima |
| N\_A\_Very\_Hard.mp3 | Bekunzima kakhulu |
| **Iphepha 9 & 10** | |
| N\_Q\_04\_awakening.mp3 | *(\* iziphumo zesandi zokukhohlela \*)* Ingaba ukhe wavuka phezolo ngenxa yombefu wakho? |
| N\_A\_No.mp3 | Hayi |
| N\_A\_Yes.mp3 | Ewe |
| **Iphepha 11** | |
| N\_HI\_END.mp3 | Umsebenzi omhle! |